

The Countryside Code

- ◆ Be safe – plan ahead and follow any signs.
- ◆ Leave gates and property as you find them.
- ◆ Protect plants and animals; take your litter home.
We have a responsibility to protect our countryside now and for future generations, so make sure you don't harm animals, birds, plants or trees.
- ◆ Keep dogs under close control.
- ◆ Consider other people.

Enjoyed this walk?

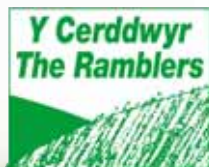
This walk is one of a second series of walks produced by the Taff Ely (Llantrisant) Ramblers.

The association is a registered charity (no. 1093577) and a company limited by guarantee registered in England and Wales (No 4458492).

The Ramblers' Association promotes rambling, protects rights of way, campaigns for access to open country and defends the beauty of the countryside.

RA Wales, 3 Coopers Yard, Curran Rd,
Cardiff, CF10 5NB.

Tel: 029 2064 4308
Email: cerddwyr@ramblers.org.uk



About the walk

- ◆ How far is it? A medium 3 miles or 5 kilometres.
- ◆ Where does it start? At Forestry Commission Car Park for Llantrisant Forest (ST 024847)
- ◆ Which map should I take? O.S. Explorer 166.

Getting there

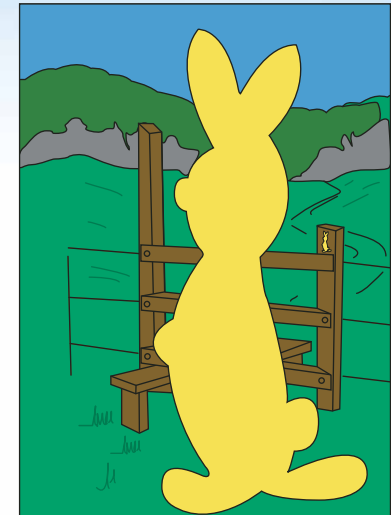
From J34, M4 take the A4119 towards Llantrisant. Turn left at the first roundabout and straight on at the next roundabout and at the traffic lights. At the next roundabout turn right and then turn left into a narrow road just before a river bridge. Follow this road for about one and half miles. The car park is on the left, just after some sharp curves.

Acknowledgements

Thanks to the following for financial assistance in producing this leaflet: Llantrisant Community Council; Community Chest, a sports council for Wales grant aid scheme funded by the National Lottery; the Glamorgan area of the Ramblers Association.

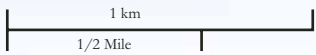
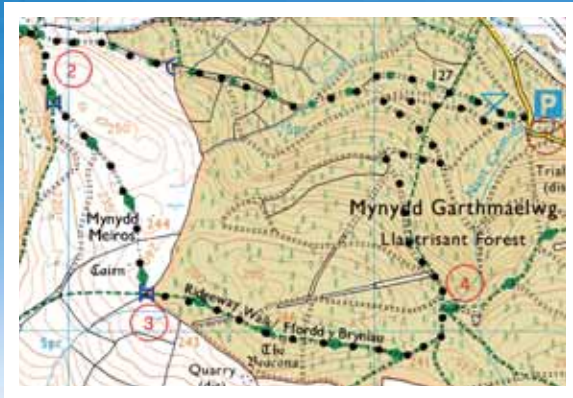
MYNYDD GARTHMAELWG

Walk 3 in a series of 6



LLANTRISANT COMMUNITY COUNCIL





Stile



Kissing Gate

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The rabbit logo that has been used on this and other circular walks was first used in the 1970s to designate selected footpaths in the Llantrisant area.

Rebecca James and Zoe Azzopardi who were members of the 1st Llantrisant Brownies designed the logo.

Finding your Way

- 1 Facing up the hill take the right hand track through the trees. Continue along this path, ignoring tracks on the left and right until you meet a gate at the edge of the wood. Go through this gate and continue with a field on your left.
- 2 When you reach a gate, follow the fence around sharp left. After 200 metres there is a gate and stile on your left. Before crossing this stile walk 20 metres away from the gate to look into the Ewenny Fach Valley. After climbing over the stile bear right along a faint track. From the brow of the hill head for the right end of the woods, crossing the fence at the stile to the right of the gate.
- 3 Re-enter the forest via the stile and continue along the path in front of you. When you reach the clearing take the right fork. Along this stretch you pass Garthmaelwg. Continue around to the left at junction. When you reach a T-Junction turn left. After 50 metres the "Stinking Well" is on your left.
- 4 Ignoring the track to the right continue straight on downhill sticking to the main track. When you reach a open space with road entering from the right turn left. After 150 metres turn right and return to the start.



**Comisiwn Coedwigaeth
Forestry Commission**

This forest is managed by the Forestry Commission. Please be aware that this is a working forest and from time-to-time there may be forest operations in progress. Please obey all safety signs when you see them and follow any diversions that may be in place. Please do not approach machinery and do not climb on timber stacks.

On the Way

- ◆ Garthmaelwg – Bronze Age Tumulii. Used in the Dark Ages as beacons to warn of invaders. Situated alongside the Ridgeway Walk, the site commands extensive views over the Vale of Glamorgan.
- ◆ The Stinking Well (Ffynnon Ddrewi) – A shallow pool at a joining of three paths at point 4. The name comes from the hydrogen sulphide smell that often originates from this pool. It was traditionally a healing well.
- ◆ The Taff Ely Ridgeway Walk is a 21 mile walk that follows a line of hills running from Mynydd Maendy in the West to Caerphilly Common in the East. This walk follows the Ridgeway walk between points 2 and 4